

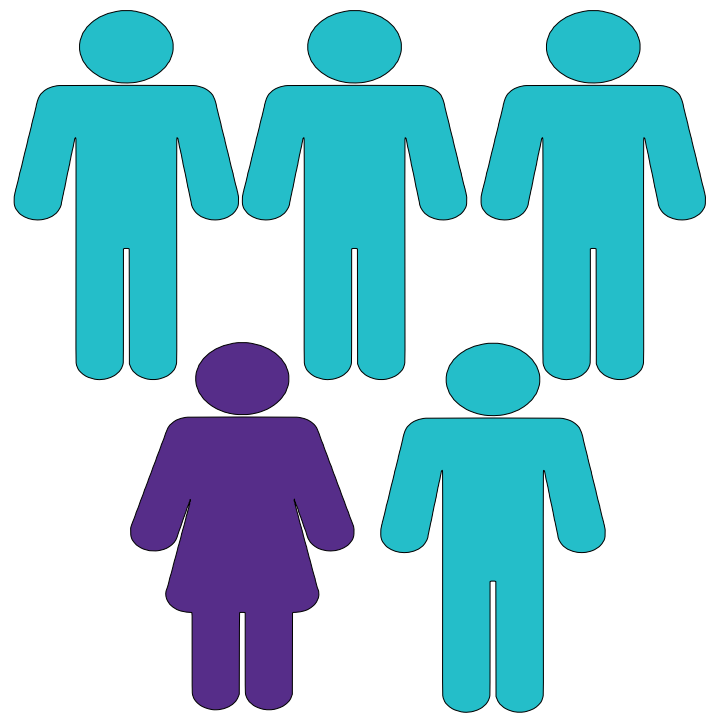
# Suicides

**132**  
2014 to 2018

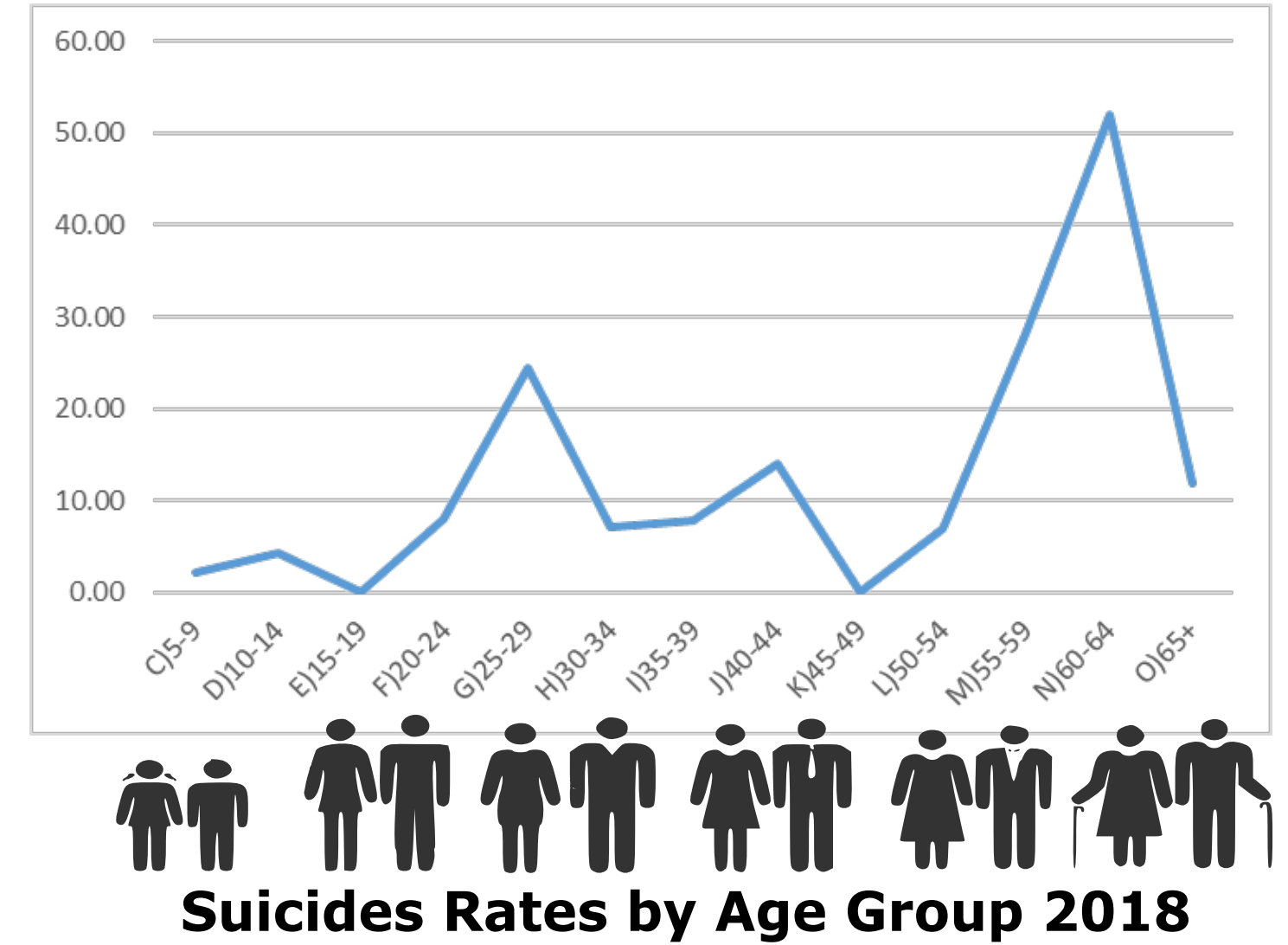
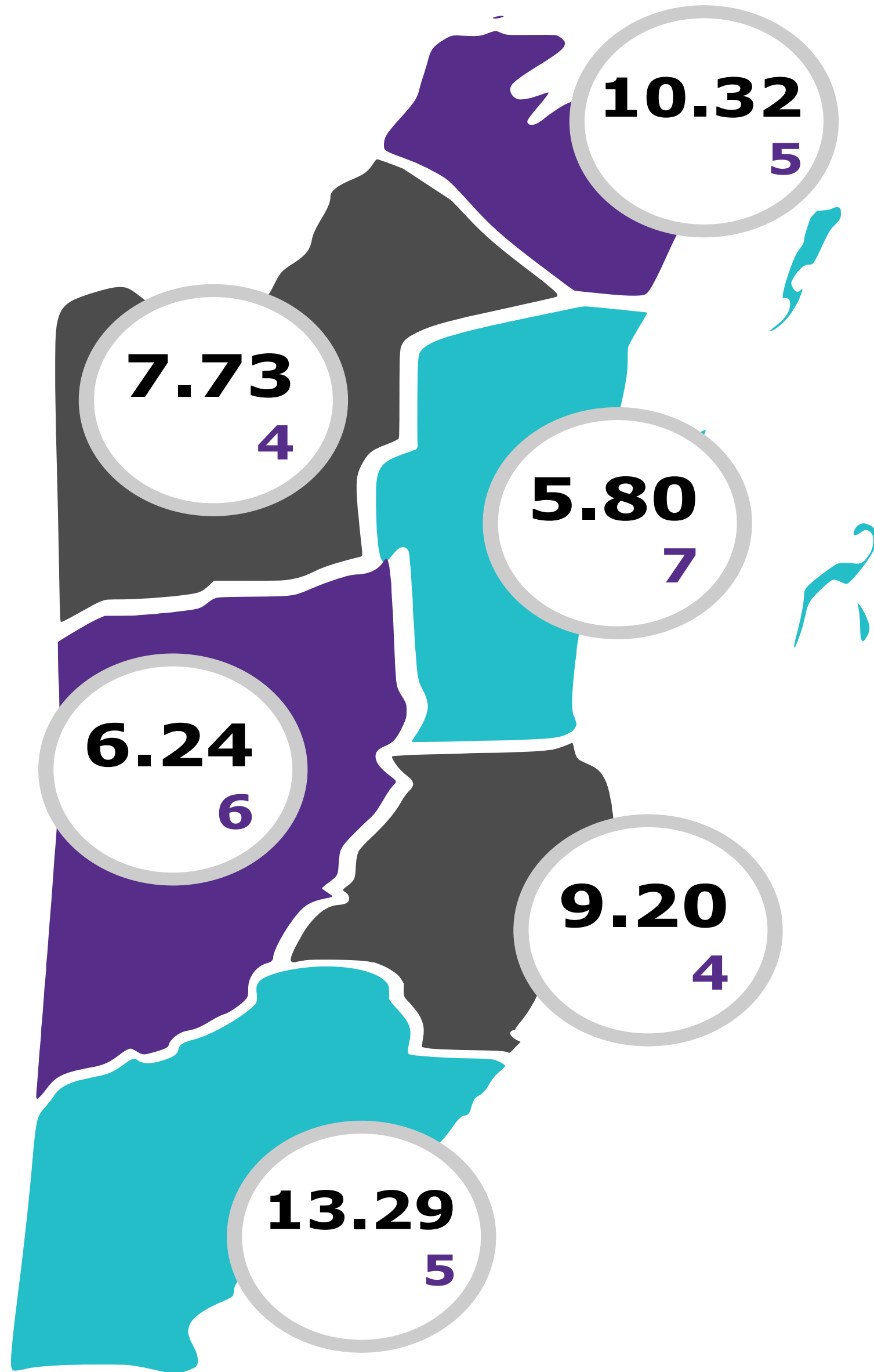
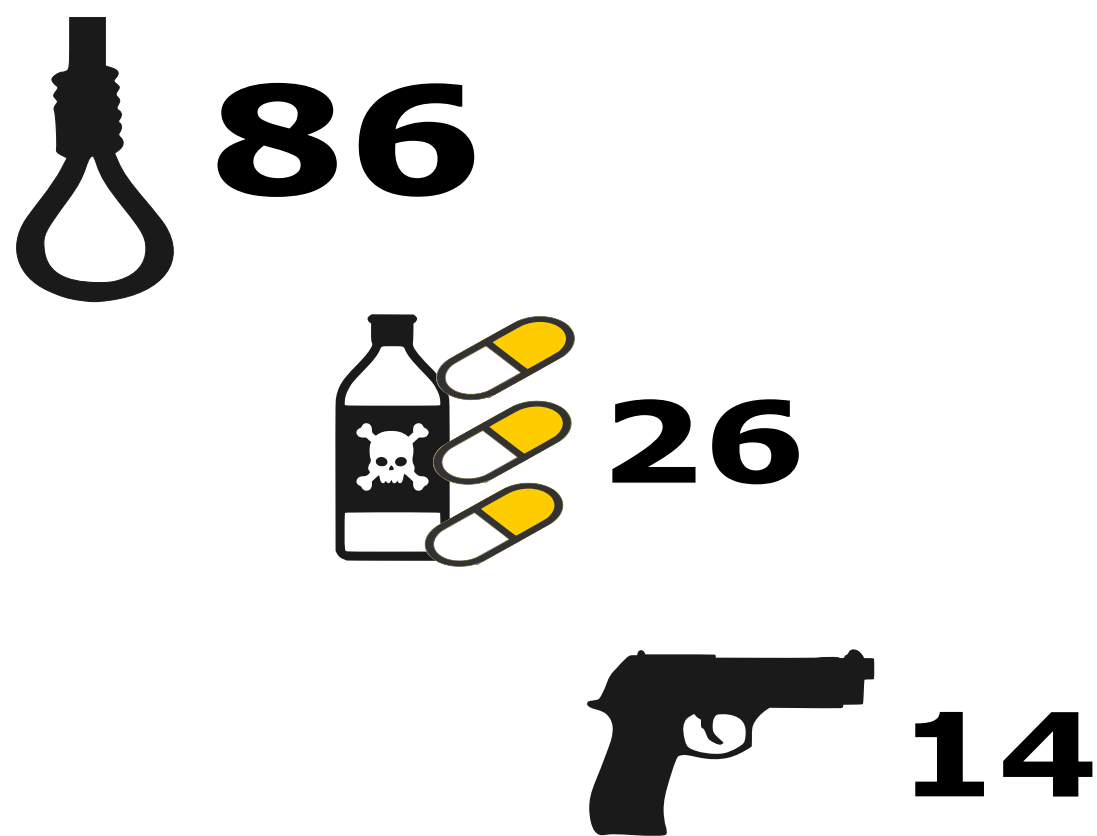
## Suicide Rates & Totals 2018

**31**  
Suicides in 2018

4 of every 5 suicides was by a male



Most Common Suicide Methods (2014-2018)



Suicides Rates by Age Group 2018

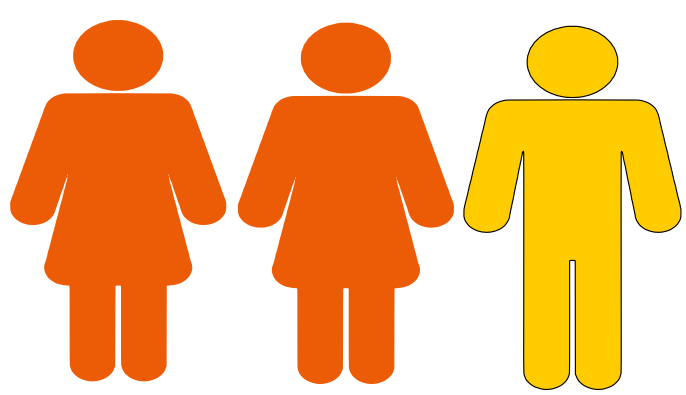
**PREVIOUS ATTEMPT**  
The strongest risk factor for suicide

**512**  
2014 to 2018

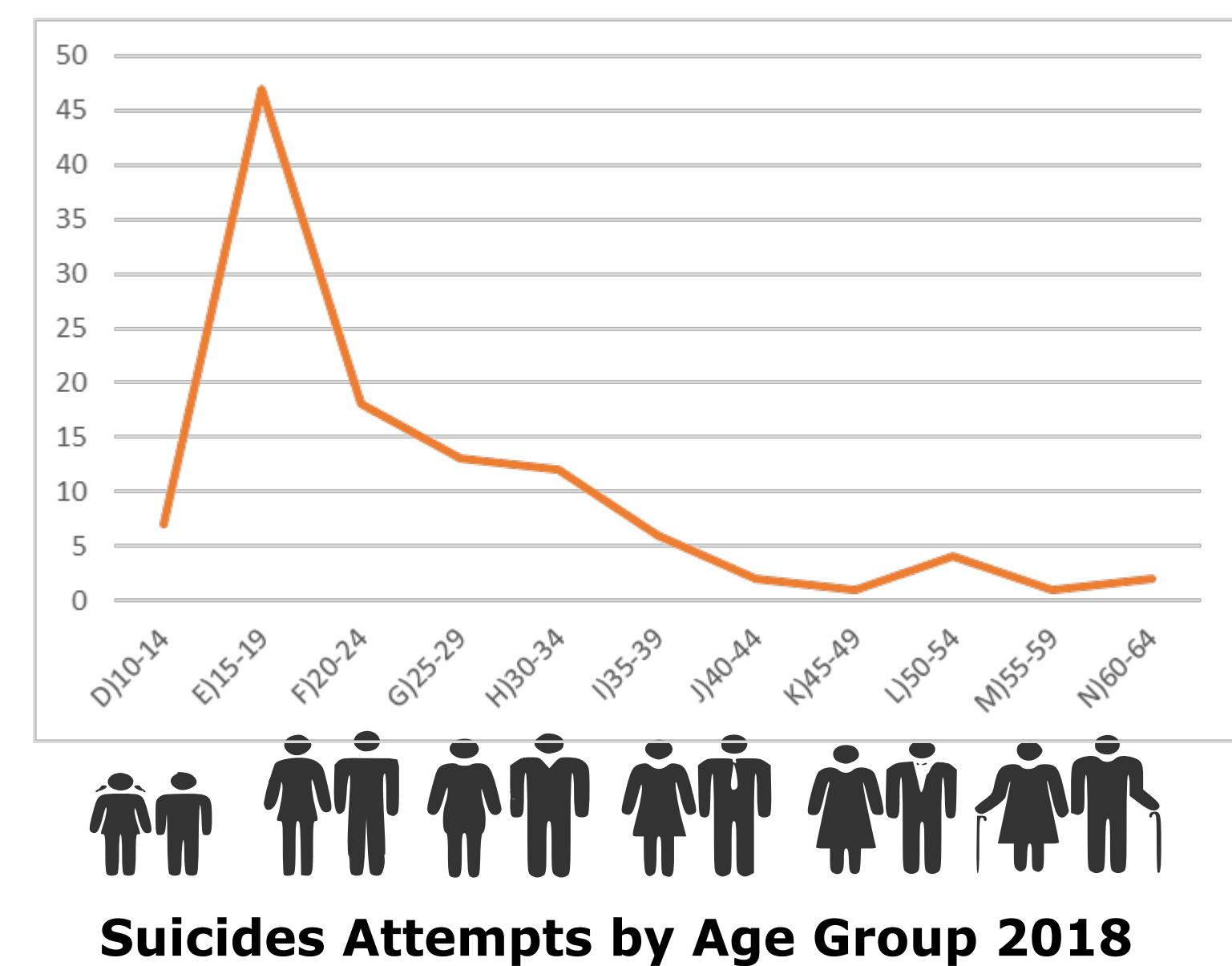
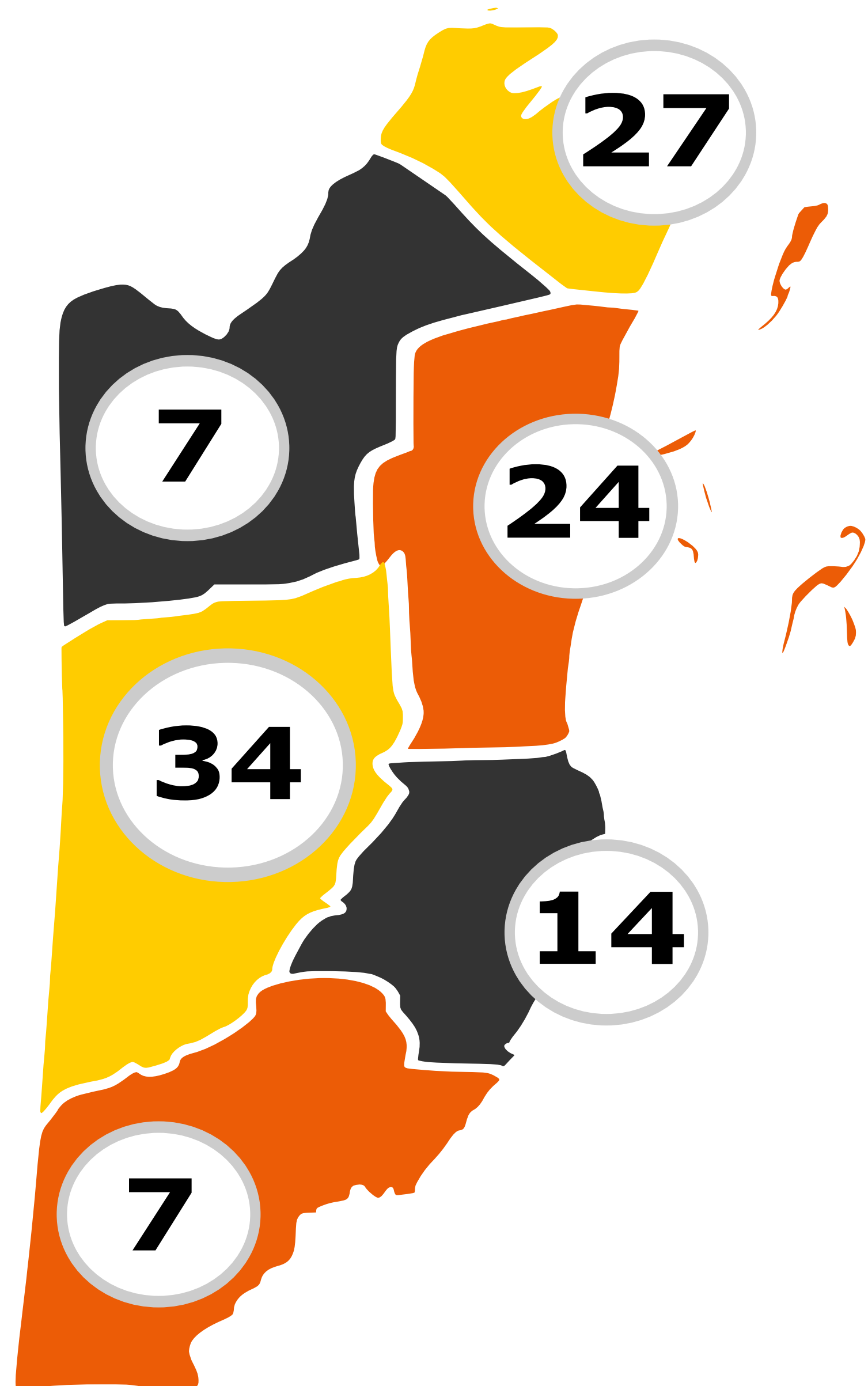
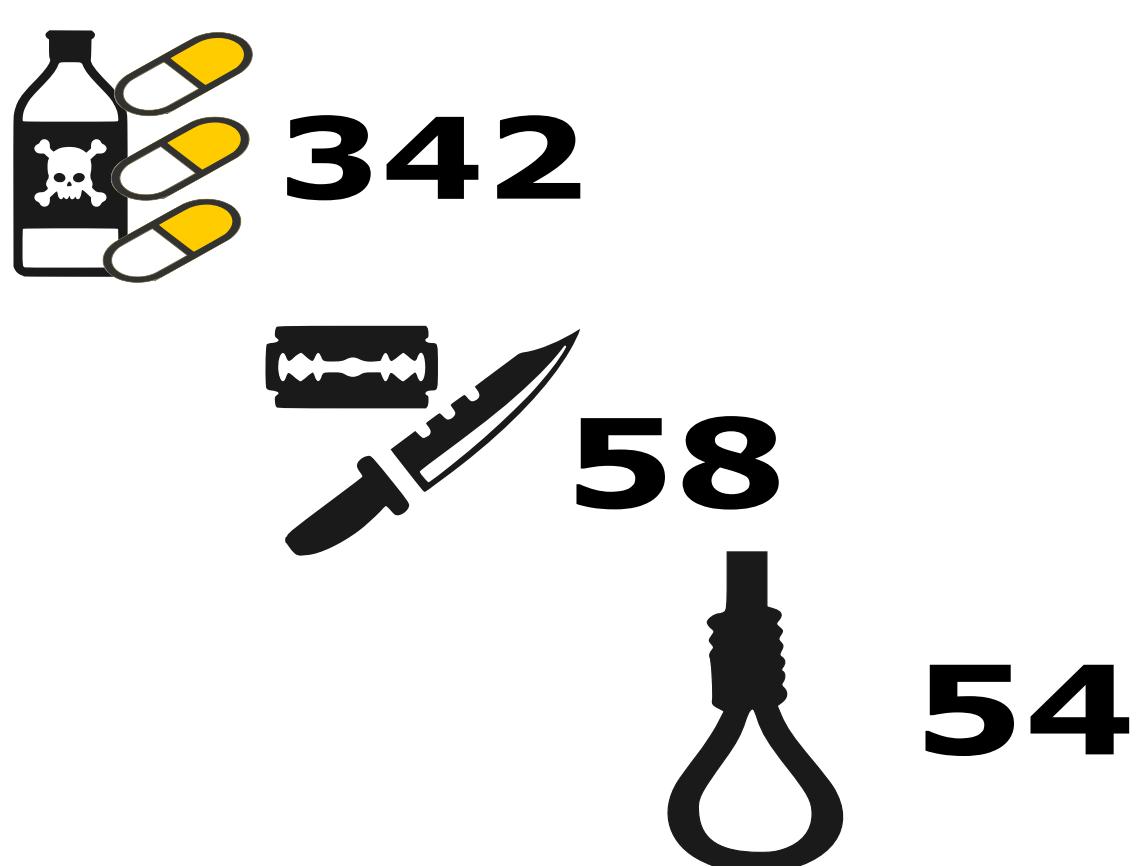
## Suicide Attempts 2018

**113**  
Suicide attempts in 2018

2 of every 3 attempts was by a female



Most Common Attempt Methods (2014-2018)



Suicides Attempts by Age Group 2018

**MEDICATION & THERAPY**  
Are very effective in suicide prevention



If you know someone who is suffering from depression or suicidal thoughts, don't stand by, help them by calling 822-2325 or the nearest mental health clinic in your district.

www.health.gov.bz  
822-2325  
stats@health.gov.bz